



CATAHOULA

Block High School

Central High School

SPORTS

Harrisonburg High School

Sicily Island High School



Catahoula sports sponsored by Medi-Thrift Drugs and Spirit Reins

All sports pictures and articles by Sports Editor Kyle Burley

Legacy: The 2013 Bears

Hard Fought Conclusion

After upsetting Pointe Coupee, Bears fans were buzzing! Could they pull off another upset in the quarterfinals. Bears were big underdogs, but they were hosting the 3rd ranked West St. John Rams. A game which was fought to the last minute, but ultimately being a 28-45 loss for the Bears.

Some say that the Bears played their best game of the season that night. That they were not intimidated by the Rams. The Rams special teams said they ought to be scared though. The Rams scored 28 points before halftime, but 12 of those were off kickoffs returned for the touchdown. Take away those scores and Block's defense played rather well.

The Bears were able to get six in the first quarter and 14 in the second to go into the half trailing the Rams 28-20.

The Bears scored eight points in the

3rd quarter to tie the game at 28 points each.

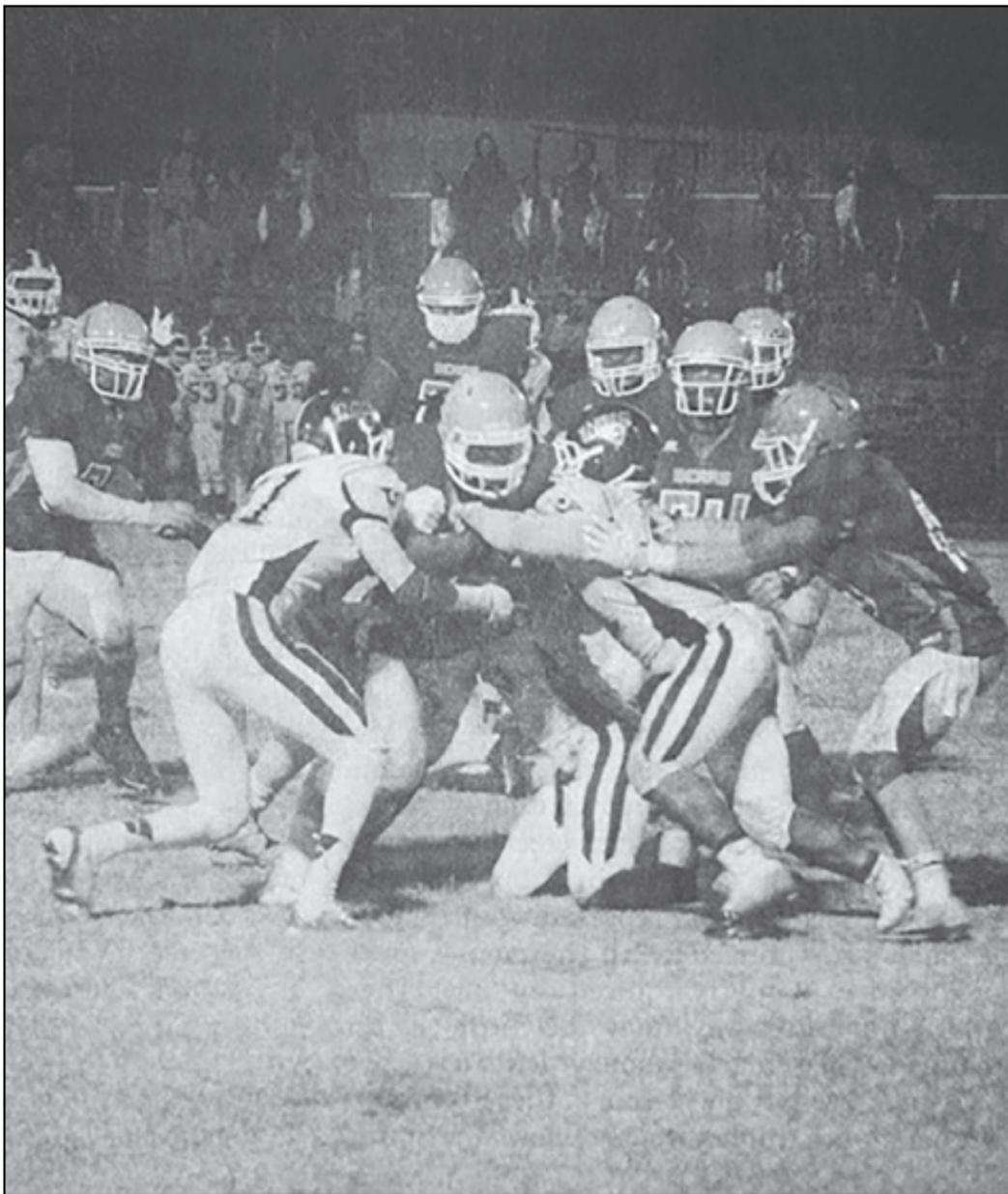
Early in the 4th quarter the Rams put seven on the board to take the 35-28 lead. There was plenty of time though. The Bears managed the clock. If they scored, they did not want to give the ball back to the Rams offense. All the yards of the Bears coming on the ground.

The Bears ran about 7 and a half minutes off the clock and were sitting nicely on the Rams 2-yard line. Just two yards from a potential trip to the semi-finals. Disaster strikes though.

On the 1-yard line the Bears fumbled the ball and the Rams recovered. That would be the mistake to send the Bears back home. The Rams ran the clock out and grabbed the win.

If it makes all the Bears fans happy, those Rams got smacked around by Mangham in the semi-finals. Mangham beat them 56-24.

There are many



great traits that this 2013 Bears team portrayed. Toughness, grit, determination, no quit, and

the biggest of all was heart. Any great team has got to have heart.

The team that

started the season with 5 straight losses reeled off 7 straight wins and made a great playoff run.

Above is a picture from CNB's paper on December 4, 2013. Playoff game vs West St. John.

LGH50

LaSalle GENERAL HOSPITAL

Years of SERVICE

DRY NEEDLING

TARGETED TREATMENT FOR:

Acute and Chronic pain

Injury Rehabilitation & Prevention

Matthew Jackson, PT, DPT, OT, MOT

Physical Therapist & Occupational Therapist

What is Dry Needling?

Dry Needling is a therapeutic treatment that uses needles to release or stimulate "Trigger Points" that can relieve pain or improve range of motion. There are no injections and the needles are very thin with little discomfort.

CALL US TODAY 318.992.9200

FOLLOW US ON FACEBOOK

187 Ninth Street, Jena, Louisiana 71342 | PO Box 2780 | lasallegeneralhospital.com

This day in sports history

1903 Phillies walk 17 Dodgers in a game

1947 MLB's 1st African American baseball pitcher Don Bankhead hits a HR on 1st at bat

1973 David Eisenhower writes his last sports column

1989 James Harden, American basketball guard (NBA MVP 2018; NBA All-Star 2013-19; Houston Rockets), born in Los Angeles, California

2012 15 year-old New Zealand golfer, Lydia Ko, becomes the youngest LPGA Tour event winner and the first amateur winner since 1969

2016 San Francisco 49ers Colin Kaepernick kneels in protest during the US national anthem at San Diego's Qualcomm Stadium while playing against the San Diego Chargers, objecting to racial injustice and police brutality in the US

Info via: <https://www.onthisday.com/sport/>